When do I wash my hands? After



1) Going to the bathroom



2) Touching your pet



3) Sneezing or coughing



4) Touching something that may be dirty



5) Combing your hair



6) After visiting or helping someone who is sick



7) Playing in dirt or outdoors



8) Taking out the garbage



9) Taking off your shoes



Good To Remember (Read out loud)

I have germs everywhere on my body, but my hands are where they like to be the most. That's why my hands are the perfect carriers of germs and infections. I must remember to wash them regularly.

