

SNACKING SMART



Instructions: Write the letter "E" next to the everyday snacks and the letter "S" next to the sometimes snacks.



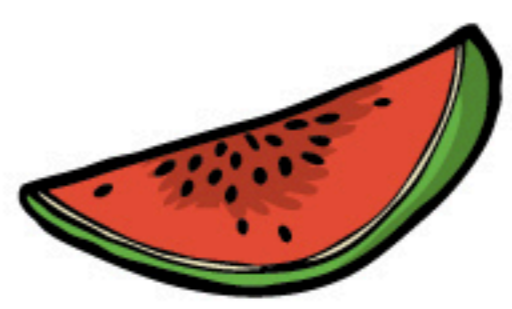
APPLES []



SODA []



CANDY []



WATERMELON []



CEREAL []



FRENCH FRIES []



VEGETABLES []



CHEESE SANDWICH []



PEANUT BUTTER & CRACKERS []



MIXED NUTS []



CHOCOLATES []



MUFFINS []



POTATO CHIPS []



POPSICLES []

